

COVID19 Update –

We're committed to everyone's well-being.



Hours of Operation

MAC XTREME

Monday—Friday 5am—8pm
Saturday & Sunday 7am—4pm

MAC XPRESS

Operates 24/7

iGYM

Operates 24/7

The M.A.C. XPRESS and iGYM locations have 24/7 access with certain memberships. If you are uncertain if your membership includes 24/7 or if you would like to know staffed hours for these locations, please contact the gym.

Guidelines & Protocols

- Members and Employees will wear face coverings within the facility.
- If you cannot wear a face covering due to medical reasons or concerns please be sure to social distance.
- Members and Employees with potential symptoms or high-risk individuals should remain home.
- All persons are asked to wash hands prior to using the workout floor.
 - The CDC recommends washing hands with soap and water whenever possible because hand washing reduces / eliminates ALL types of germs and chemicals on hands, while hand sanitizer only reduces some. With limited hand sanitizer supplies, you are welcome to bring your own.
- Members must adhere to social distancing rules. Please allow 6 feet of space between one another.
- Respect equipment that is closed down to help with social distancing.
- We encourage members to sanitize fitness equipment before and require sanitizing after each use with the provided sanitizing solutions.
- Yoga mats, yoga blocks, boxing gloves, foam rollers and stretching bands have been removed at this time. Feel free to bring your own to accommodate your workouts.
- iGYM VIP, VIP Plus and M.A.C. Executive guest privileges are on freeze during this time.
- Members are required to check in with their facility barcode, access fob or app for a “touchless” entry. Photo will be required in our system for security.
- Kids Club will continue Temperature checks. Children are not required to wear masks at this time, however they are encouraged. View M.A.C. Kids Club COVID-19 policies on our website.

Sanitizing

Cleaning and sanitizing has always been a high priority of ours. In recent news, the CDC mentioned the novel virus “does not spread easily” from “touching surfaces or objects”. However, we continue to follow our stringent sanitation protocols for proper disinfection, operation and maintenance, as well as adding additional procedures to achieve a new level of cleanliness.

- We have onsite cleaners who are present during daily facility operations. The cleaning team who comes in afterhours will do a deeper clean of the facilities while members are not present.
- We use an antimicrobial cleaning product registered by the EPA. This cleaning product is also located in spray bottles around the facilities for members to use.
- Nano Sanitizing strips have been placed on high traffic areas.

Stay Active! Stay Healthy! Stay Positive!